

Rise to the challenge and help Accessible Arts & Media raise vital funds this year by taking part in an exciting challenge event. Below you'll find a calendar of sports events in and around the Yorkshire area to get involved in. From silly bed pushes, to ultra races, there's something for everyone!

If sports isn't quite your thing, don't worry, we've got you covered in our <u>A-Z of Fundraising Ideas</u>. And if you've got an idea you need a hand with, get in touch with Lauren at <u>hello@aamedia.org.uk</u>.

However you choose to raise money for AAM, we'll be behind you all the way.

2024 Challenge Events Calendar – have you got what it takes?			
Event	Location	Event date	Registration date
Leeds Running Festival	Leeds	21st April	Open 1st January
Leeds Half Marathon	Leeds	12th May	26th April
The great Knaresborough Bed Push (teams of 6)	Knaresborough	8th June	Open 1st January
<u>Inflatable 5k</u>	Leeds	29th June	15th June
Leeds 10K	Leeds	23rd June	15th June
Blacksheep 3 & 6 hour challenge	Masham	7th July 2024	Open
York Rotary Dragon Boat Race	York	14th July	January
Tough Mudder Yorkshire 5k, 10k, 15k obstacle courses	Skipton	29th/30th July	22nd July
York 10K	York	4th August	26th July
Bungee Jumps	Whitby	Once a month	Open
<u>Yorkshire Marathon</u>	York	20th October	4th October
Old Mother Shipton's Soft Shoe Shuffle - 10k, 20miles, Half Marathon, Marathon & Ultra races	Knaresborough	3rd November	Open 1st January