



Creative Sensory Guide

Paper Mache

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Introduction

This creative sensory activity is a messy one! There are lots of elements to this activity- learning about how to make the glue, feeling the textures and getting sticky! Then the waiting process for your creation to dry and then colourful decorations!

What can you make out of paper mache and recycled bits and bobs from around the house? It's time to get your thinking caps on and get creative!

Make sure to have a wipeable cover over your table, an apron and lots of warm soapy water on hand to clean up the mess!

On the next page you'll find an accessible guide to the resources that you'll need for the activity.

You can watch a video of one our leaders showing you how you can use this creative activity [here](#).

Things you'll need for this activity

	Flour
	Water
	Measuring spoon
	Bowl and spoon
	Balloon or milk bottle. Something to stick your paper mache onto
	Newspaper



PVA glue, paint and tissue paper.
Or whatever you can find to decorate your creation.



Babywipes. Or something to clean your hands with.