



Creative Sensory Guide

Salt Dough

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Introduction

In this session you'll learn how to make your own keep sake ornament. You can have fun doing this activity with your family and friends and get messy doing it!

There are lots of elements in this activity with making the dough, baking the dough and then decorating! What shapes, objects and colours will you use?

Make sure to have a wipeable cover over your table, an apron and lots of warm soapy water on hand to clean up any mess!

On the next page you'll find an accessible guide to the resources that you'll need for the activity.

You can watch a video of our leader showing you this activity [here](#)

Things you'll need for this activity

	Mixing Bowl
	Rolling pin
	Blunt knife and shape cutters
	Baking paper
	Baking tray
	Flour. Self-raising or plain, both will work fine.



Salt



Water



Paints. Acrylics work best, but you can try with other paints too. Just give it a go..

